



Snow Sports Professional One Year Program

Document Revision Date: August 6th, 2021

Program Purpose

Program Length

One year consists of four semesters.

Semester 1: May to July

Semester 2: August to October

Semester 3: November to January

Semester 4: February to March

Program Description

This combined skills program is to prepare international students for an exciting career as a snow sports professional and to promote English language development. Focused English language training will prepare the student for communication and academic preparation required to communicate effectively and write the various external certification exams. Ski Instructor students will focus on developing the skills of a CSIA Level 2 instructor and Snowboard Instructor students will focus on developing the skills of a CASI Level 2 instructor. Ski and snowboard athletes will focus on developing the skills needed to participate in a ski or snowboard competition at a level that is appropriate for their ability. Students of all streams will learn and become aware about applied leadership, fitness, technical skill development and basic first aid.

Student chose from one of three streams:

- A. *Ski or Snowboard Instructor*
- B. *Ski or Snowboard Athlete*

Program Learning Outcomes

1. Perform the CASI or CSIA snow technical skills. (Ski/Snowboard Instructor students)
2. Understand the role of an instructor.
3. Create positive learning environments that reflect experiential education learning.
4. Recognize and identify leadership skills when working in teams or organizing events.
5. Apply first aid in a variety of contexts.
6. Demonstrate the ability to work in a team-based environment.
7. Select and maintain equipment.
8. Create cross-training programs for a variety of needs and clients.
9. Display writing, reading, speaking, listening and communication skills in English.

Admission Requirements

1. IELTS 4.0 or equivalent
2. Completion of high school (or equivalent)
3. For students who have not completed high school, evidence of experience in and knowledge of the intended field of study must be provided. For the golf, and snow sports programs, prospective students must submit the following:
 - a short video (30 seconds) showing participation in the relevant sport.

- Proof of competitive experience (e.g. competition results, letter from coach).
- proof of membership in a relevant organization or club (e.g. a ski team, golf club, snowboard club).

Course Overview – Ski Instructor **Snow Sports Professional One Year Courses**

	Course Number	Course Name	Approximate Hours		
			Theory		Total
			Course	ESL	
Semester 1 May - July	CORE110	English as a Second Language (ESL)	60	-	60
	CORE111	Foundations of Health and Fitness	20	10	30
	CORE112	Introduction to Biomechanics	20	10	30
	CORE113	Foundations of Sports Leadership	30	15	45
	SNSP114	Equipment Basics	10	-	10
	SNSP115	Skills Development	90	-	90
<i>Total Semester Hours</i>					265
Semester 2 Aug - Sept	CORE120	English as a Second Language (ESL)	75	-	75
	CORE121	Wilderness First Aid	20	-	20
	CORE122	Resistance Training and Program Design, Level 1	39	6	45
	CORE123	Applied Sports Leadership	35	10	45
	SNSP125A	Dryland Training	45	-	45
	SNSP128A	Snow Sports Level 1 and 2 Instruction Methods	25	-	25
<i>Total Semester Hours</i>					255
Semester 3 Nov - Jan	CORE130	English as a Second Language (ESL)	45	-	45
	CORE132	Resistance Training and Program Design, Level 2	15	-	15
	CORE133	Media Production	30	-	30
	SNSP134A	Equipment Advanced	15	-	15
	SNSP138A	CSIA Theory and Skills Development, Level 1	150	-	150
<i>Total Semester Hours</i>					255
Semester 4 Feb - Mar	CORE140	English as a Second Language (ESL)	30	-	30
	CORE142	Resistance Training and Program Design, Level 3	15	-	15
	SNSP144	Avalanche Skills Training Course	30	-	30
	SNSP148A	CSIA Theory and Skills Development, Level 2	170	-	170
<i>Total Semester Hours</i>					245

Year 1 - Total Hours: 1020

Course Overview – Snowboard Instructor **Snow Sports Professional One Year Courses**

	Course Number	Course Name	Approximate Hours		
			Theory		Total
			Course	ESL	
Semester 1 May - July	CORE110	English as a Second Language (ESL)	60	-	60
	CORE111	Foundations of Health and Fitness	20	10	30
	CORE112	Introduction to Biomechanics	20	10	30
	CORE113	Foundations of Sports Leadership	30	15	45
	SNSP114	Equipment Basics	10	-	10
	SNSP115	Skills Development	90	-	90
				<i>Total Semester Hours</i>	265
Semester 2 Aug - Sept	CORE120	English as a Second Language (ESL)	75	-	75
	CORE121	Wilderness First Aid	20	-	20
	CORE122	Resistance Training and Program Design, Level 1	39	6	45
	CORE123	Applied Sports Leadership	35	10	45
	SNSP125B	Dryland Training	45	-	45
	SNSP128B	Snow Sports Level 1 and 2 Instruction Methods	25	-	25
				<i>Total Semester Hours</i>	255
Semester 3 Nov - Jan	CORE130	English as a Second Language (ESL)	45	-	45
	CORE132	Resistance Training and Program Design, Level 2	15	-	15
	CORE133	Media Production	30	-	30
	SNSP134B	Equipment Advanced	15	-	15
	SNSP138B	CASI Theory and Skills Development, Level 1	150	-	150
				<i>Total Semester Hours</i>	255
Semester 4 Feb - Mar	CORE140	English as a Second Language (ESL)	30	-	30
	CORE142	Resistance Training and Program Design, Level 3	15	-	15
	SNSP144	Avalanche Skills Training Course	30	-	30
	SNSP148B	CASI Theory and Skills Development, Level 2	170	-	170
				<i>Total Semester Hours</i>	245

Year 1 - Total Hours: 1020

**Course Overview – Ski or Snowboard Athlete
Snow Sports Professional One Year Courses**

	Course Name	Approximate Hours
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	Course Number		Theory		Total
			Course	ESL	
Semester 1 May - July	CORE110	English as a Second Language (ESL)	60	-	60
	CORE111	Foundations of Health and Fitness	20	10	30
	CORE112	Introduction to Biomechanics	20	10	30
	CORE113	Foundations of Sports Leadership	30	15	45
	SNSP114	Equipment Basics	10	-	10
	SNSP115	Skills Development	90	-	90
			<i>Total Semester Hours</i>		265
Semester 2 Aug - Sept	CORE120	English as a Second Language (ESL)	75	-	75
	CORE121	Wilderness First Aid	20	-	20
	CORE123	Applied Sports Leadership	35	10	45
	SNSP126C	Athlete Skills Development	115	-	115
			<i>Total Semester Hours</i>		255
Semester 3 Nov - Jan	CORE130	English as a Second Language (ESL)	45	-	45
	CORE133	Media Production	30	-	30
	CORE134C	Equipment Advanced	15	-	15
	SNSP136C	Athlete Skills Development	45	-	60
	SNSP138C	Athlete Theory and Skills Development	120	-	120
			<i>Total Semester Hours</i>		255
Semester 4 Feb - Mar	CORE140	English as a Second Language (ESL)	30	-	30
	SNSP144	Avalanche Skills Training Course	30	-	30
	SNSP146C	Athlete Skills Development	45	-	45
	SNSP148C	Athlete Theory and Skills Development, Level 2	140	-	140
			<i>Total Semester Hours</i>		245

Year 1 - Total Hours: 1020

Methods of Evaluation

1. Assessments for each course can be found on each course outline.
2. Year-End Presentations: Students will be required to complete a final presentation by the end of each year. The purpose of the presentation is to report your accomplishments in the program. Details of the final presentation will be provided to you at the beginning of semester 4 and 8.

Program Completion Requirements

- Students must achieve a passing grade in all courses.
- Students must achieve a passing grade in their final presentation.

Course Exemptions

Applicants can apply for an exemption from individual courses in their program if they have proven the completion of comparable learning as follows;

1. English as a Second Language (ESL)
Proof of English proficiency level of above C1 or equivalent.
2. Wilderness First Aid
Certificate of First Aid/CPR of at least 20hrs and valid throughout the school year.

Institutional Policies

NON-COMPLETION POLICY

Retaking Exams, Quizzes and Tests:

A student may retake a quiz/test/exam or resubmit an assignment up to a maximum of two times. All 'retake' exams, tests and/or quizzes will be awarded 60% on the student's official transcript.

Retaking a Course:

If a student fails to successfully pass a course after retaking/resubmitting quizzes/tests/assignments twice, the student has the option of retaking the course at a later date, at the student's own cost.

Instructor's Special Permission:

An instructor may permit a student to continue in their studies (despite not having met the required pre-requisites) for successive courses.

Program Extensions:

If necessary, the school will assist the student in extending their student visa (at the student's own cost) in order to re-take certain courses and fulfill requirements of the school's program.

GRADE APPEAL POLICY

If a student is dissatisfied with a grade received and can provide evidence that a higher grade is warranted, he or she should discuss with his or her instructor. The instructor will reconsider the grade and, if warranted, assign a different grade.

If the student is not satisfied with the outcome of his or her appeal to the instructor, he or she should submit a written appeal to the Director of Studies.

The Director of Studies will obtain a copy of the assignment or test in question from the instructor and will have another instructor re-assess the test.

If the student achieves a higher grade on re-assessment, the higher grade will be assigned to the student. If the student achieves a lower grade on re-assessment, the original grade will be retained.

The grade will be considered final and cannot be appealed.

The decisions on the grade appeal will be provided to students within 30 school days of CSBA's receipt of the written appeal.