



# Snow Sports Professional One Year Program

**Document Revision Date:** February 25, 2021

## Program Purpose

### Program Length

One year consists of four semesters.

Semester 1: May to July

Semester 2: August to October

Semester 3: November to January

Semester 4: February to March

### Program Description

This combined skills program is to prepare international students for an exciting career as a snow sports professional and to promote English language development. Focused English language training will prepare the student for communication and academic preparation required to communicate effectively and write the various external certification exams. Ski Instructor students will focus on developing the skills of a CSIA Level 2 instructor and Snowboard Instructor students will focus on developing the skills of a CASI Level 2 instructor. Ski and snowboard athletes will focus on developing the skills needed to participate in a ski or snowboard competition at a level that is appropriate for their ability. Students of all streams will learn and become aware about applied leadership, fitness, technical skill development and basic first aid.

*Student chose from one of three streams:*

- A. *Ski or Snowboard Instructor*
- B. *Ski or Snowboard Athlete*

### Program Learning Outcomes

1. Perform the CASI or CSIA snow technical skills. (Ski/Snowboard Instructor students)
2. Understand the role of an instructor.
3. Create positive learning environments that reflect experiential education learning.
4. Recognize and identify leadership skills when working in teams or organizing events.
5. Apply first aid in a variety of contexts.
6. Demonstrate the ability to work in a team-based environment.
7. Select and maintain equipment.
8. Create cross-training programs for a variety of needs and clients.
9. Display writing, reading, speaking, listening and communication skills in English.

### Methods of Evaluation

1. Assessments for each course can be found on each course outline.
2. Year-End Presentations: Students will be required to complete a final presentation by the end of each year. The purpose of the presentation is to report your accomplishments in the program. Details of the final presentation will be provided to you at the beginning of semester 4 and 8.

**Course Overview – Ski Instructor**  
**Snow Sports Professional One Year Courses**

|                                 | Course Number | Course Name                                     | Approximate Hours |                             |            |
|---------------------------------|---------------|---|-------------------|-----------------------------|------------|
|                                 |               |   | Theory            |                             | Total      |
|                                 |               |   | Course            | ESL                         |            |
| <b>Semester 1</b><br>May - July | CORE110       | English as a Second Language (ESL)              | 60                | -                           | <b>60</b>  |
|                                 | CORE111       | Foundations of Health and Fitness               | 20                | 10                          | <b>30</b>  |
|                                 | CORE112       | Introduction to Biomechanics                    | 20                | 10                          | <b>30</b>  |
|                                 | CORE113       | Foundations of Sports Leadership                | 30                | 15                          | <b>45</b>  |
|                                 | SNSP114       | Equipment Basics                                | 10                | -                           | <b>10</b>  |
|                                 | SNSP115       | Skills Development                              | 90                | -                           | <b>90</b>  |
|                                 |               |   |                   | <i>Total Semester Hours</i> | <b>265</b> |
| <b>Semester 2</b><br>Aug - Sept | CORE120       | English as a Second Language (ESL)              | 75                | -                           | <b>75</b>  |
|                                 | CORE121       | Wilderness First Aid                            | 20                | -                           | <b>20</b>  |
|                                 | CORE122       | Resistance Training and Program Design, Level 1 | 39                | 6                           | <b>45</b>  |
|                                 | CORE123       | Applied Sports Leadership                       | 35                | 10                          | <b>45</b>  |
|                                 | SNSP125A      | Dryland Training                                | 45                | -                           | <b>45</b>  |
|                                 | SNSP128A      | Snow Sports Level 1 and 2 Instruction Methods   | 25                | -                           | <b>25</b>  |
|                                 |               |   |                   | <i>Total Semester Hours</i> | <b>255</b> |
| <b>Semester 3</b><br>Nov - Jan  | CORE130       | English as a Second Language (ESL)              | 45                | -                           | <b>45</b>  |
|                                 | CORE132       | Resistance Training and Program Design, Level 2 | 15                | -                           | <b>15</b>  |
|                                 | CORE133       | Media Production                                | 30                | -                           | <b>30</b>  |
|                                 | SNSP134A      | Equipment Advanced                              | 15                | -                           | <b>15</b>  |
|                                 | SNSP138A      | CSIA Theory and Skills Development, Level 1     | 150               | -                           | <b>150</b> |
|                                 |               |   |                   | <i>Total Semester Hours</i> | <b>255</b> |
| <b>Semester 4</b><br>Feb - Mar  | CORE140       | English as a Second Language (ESL)              | 30                | -                           | <b>30</b>  |
|                                 | CORE142       | Resistance Training and Program Design, Level 3 | 15                | -                           | <b>15</b>  |
|                                 | SNSP144       | Avalanche Skills Training Course                | 30                | -                           | <b>30</b>  |
|                                 | SNSP148A      | CSIA Theory and Skills Development, Level 2     | 170               | -                           | <b>170</b> |
|                                 |               |   |                   | <i>Total Semester Hours</i> | <b>245</b> |

Year 1 - Total Hours: 1020

## Course Overview – Snowboard Instructor Snow Sports Professional One Year Courses

|                                  | Course Number | Course Name                                     | Approximate Hours |     |            |
|----------------------------------|---------------|---|-------------------|-----|------------|
|                                  |               |   | Theory            |     | Total      |
|                                  |               |   | Course            | ESL |            |
| <b>Semester 1<br/>May - July</b> | CORE110       | English as a Second Language (ESL)              | 60                | -   | <b>60</b>  |
|                                  | CORE111       | Foundations of Health and Fitness               | 20                | 10  | <b>30</b>  |
|                                  | CORE112       | Introduction to Biomechanics                    | 20                | 10  | <b>30</b>  |
|                                  | CORE113       | Foundations of Sports Leadership                | 30                | 15  | <b>45</b>  |
|                                  | SNSP114       | Equipment Basics                                | 10                | -   | <b>10</b>  |
|                                  | SNSP115       | Skills Development                              | 90                | -   | <b>90</b>  |
| <i>Total Semester Hours</i>      |               |   |                   |     | <b>265</b> |
| <b>Semester 2<br/>Aug - Sept</b> | CORE120       | English as a Second Language (ESL)              | 75                | -   | <b>75</b>  |
|                                  | CORE121       | Wilderness First Aid                            | 20                | -   | <b>20</b>  |
|                                  | CORE122       | Resistance Training and Program Design, Level 1 | 39                | 6   | <b>45</b>  |
|                                  | CORE123       | Applied Sports Leadership                       | 35                | 10  | <b>45</b>  |
|                                  | SNSP125B      | Dryland Training                                | 45                | -   | <b>45</b>  |
|                                  | SNSP128B      | Snow Sports Level 1 and 2 Instruction Methods   | 25                | -   | <b>25</b>  |
| <i>Total Semester Hours</i>      |               |   |                   |     | <b>255</b> |
| <b>Semester 3<br/>Nov - Jan</b>  | CORE130       | English as a Second Language (ESL)              | 45                | -   | <b>45</b>  |
|                                  | CORE132       | Resistance Training and Program Design, Level 2 | 15                | -   | <b>15</b>  |
|                                  | CORE133       | Media Production                                | 30                | -   | <b>30</b>  |
|                                  | SNSP134B      | Equipment Advanced                              | 15                | -   | <b>15</b>  |
|                                  | SNSP138B      | CASI Theory and Skills Development, Level 1     | 150               | -   | <b>150</b> |
| <i>Total Semester Hours</i>      |               |   |                   |     | <b>255</b> |
| <b>Semester 4<br/>Feb - Mar</b>  | CORE140       | English as a Second Language (ESL)              | 30                | -   | <b>30</b>  |
|                                  | CORE142       | Resistance Training and Program Design, Level 3 | 15                | -   | <b>15</b>  |
|                                  | SNSP144       | Avalanche Skills Training Course                | 30                | -   | <b>30</b>  |
|                                  | SNSP148B      | CASI Theory and Skills Development, Level 2     | 170               | -   | <b>170</b> |
| <i>Total Semester Hours</i>      |               |   |                   |     | <b>245</b> |

Year 1 - Total Hours: 1020

**Course Overview – Ski or Snowboard Athlete**  
**Snow Sports Professional One Year Courses**

|  | Course Number | Course Name                                    | Approximate Hours |     |            |
|--|---------------|--|-------------------|-----|------------|
|  |               |  | Theory            |     | Total      |
|  |               |  | Course            | ESL |            |
| <b>Semester 1</b><br><b>May - July</b> | CORE110       | English as a Second Language (ESL)             | 60                | -   | <b>60</b>  |
|  | CORE111       | Foundations of Health and Fitness              | 20                | 10  | <b>30</b>  |
|  | CORE112       | Introduction to Biomechanics                   | 20                | 10  | <b>30</b>  |
|  | CORE113       | Foundations of Sports Leadership               | 30                | 15  | <b>45</b>  |
|  | SNSP114       | Equipment Basics                               | 10                | -   | <b>10</b>  |
|  | SNSP115       | Skills Development                             | 90                | -   | <b>90</b>  |
| <i>Total Semester Hours</i>            |               |  |                   |     | <b>265</b> |
| <b>Semester 2</b><br><b>Aug - Sept</b> | CORE120       | English as a Second Language (ESL)             | 75                | -   | <b>75</b>  |
|  | CORE121       | Wilderness First Aid                           | 20                | -   | <b>20</b>  |
|  | CORE123       | Applied Sports Leadership                      | 35                | 10  | <b>45</b>  |
|  | SNSP126C      | Athlete Skills Development                     | 115               | -   | <b>115</b> |
| <i>Total Semester Hours</i>            |               |  |                   |     | <b>255</b> |
| <b>Semester 3</b><br><b>Nov - Jan</b>  | CORE130       | English as a Second Language (ESL)             | 45                | -   | <b>45</b>  |
|  | CORE133       | Media Production                               | 30                | -   | <b>30</b>  |
|  | CORE134C      | Equipment Advanced                             | 15                | -   | <b>15</b>  |
|  | SNSP136C      | Athlete Skills Development                     | 45                | -   | <b>60</b>  |
|  | SNSP138C      | Athlete Theory and Skills Development          | 120               | -   | <b>120</b> |
| <i>Total Semester Hours</i>            |               |  |                   |     | <b>255</b> |
| <b>Semester 4</b><br><b>Feb - Mar</b>  | CORE140       | English as a Second Language (ESL)             | 30                | -   | <b>30</b>  |
|  | SNSP144       | Avalanche Skills Training Course               | 30                | -   | <b>30</b>  |
|  | SNSP146C      | Athlete Skills Development                     | 45                | -   | <b>45</b>  |
|  | SNSP148C      | Athlete Theory and Skills Development, Level 2 | 140               | -   | <b>140</b> |
| <i>Total Semester Hours</i>            |               |  |                   |     | <b>245</b> |

Year 1 - Total Hours: 1020

### **Program Completion Requirements**

- Students must achieve a passing grade in all courses.
- Students must achieve a passing grade in their final presentation.

### **Course Exemptions**

Applicants can apply for an exemption from individual courses in their program if they have proven the completion of comparable learning as follows;

1. English as a Second Language (ESL)  
Proof of English proficiency level of above C1 or equivalent.
2. Wilderness First Aid  
Certificate of First Aid/CPR of at least 20hrs and valid throughout the school year.

## Institutional Policies

### NON-COMPLETION POLICY

**Retaking Exams, Quizzes and Tests:**

A student may retake a quiz/test/exam or resubmit an assignment up to a maximum of two times. All 'retake' exams, tests and/or quizzes will be awarded 60% on the student's official transcript.

**Retaking a Course:**

If a student fails to successfully pass a course after retaking/resubmitting quizzes/tests/assignments twice, the student has the option of retaking the course at a later date, at the student's own cost.

**Instructor's Special Permission:**

An instructor may permit a student to continue in their studies (despite not having met the required pre-requisites) for successive courses.

**Program Extensions:**

If necessary, the school will assist the student in extending their student visa (at the student's own cost) in order to re-take certain courses and fulfill requirements of the school's program.

### GRADE APPEAL POLICY

If a student is dissatisfied with a grade received and can provide evidence that a higher grade is warranted, he or she should discuss with his or her instructor. The instructor will reconsider the grade and, if warranted, assign a different grade.

If the student is not satisfied with the outcome of his or her appeal to the instructor, he or she should submit a written appeal to the Director of Studies.

The Director of Studies will obtain a copy of the assignment or test in question from the instructor and will have another instructor re-assess the test.

If the student achieves a higher grade on re-assessment, the higher grade will be assigned to the student. If the student achieves a lower grade on re-assessment, the original grade will be retained.

The grade will be considered final and cannot be appealed.

The decisions on the grade appeal will be provided to students within 30 school days of CSBA's receipt of the written appeal.